

## SCHOOLS

**AQUIN ELEMENTARY**, 608 3rd Ave NW, Cascade IA, 563.852.3331

**BECKMAN CATHOLIC HIGH SCHOOL**, 1325 9th St SE, Dyersville IA, 563.875.7188

**DUBUQUE COMMUNITY SCHOOL DISTRICT**, 2300 Chaney Rd, Dubuque IA, 563.552.3000

**HENNESSY CATHOLIC SCHOOLS**, 1623 300th Ave, Dyersville IA, 563.875.7572

**HOLY FAMILY CATHOLIC SCHOOLS**, 2005 Kane St, Dubuque IA, 563.582.5456

**RHGL SCHOOL**, 100 W. Main St, Luxemburg IA, 563.853.2325

**ST. FRANCIS XAVIER**, 203 2nd St SW, Dyersville IA, 563.875.7376

**SETON CATHOLIC ELEMENTARY SCHOOLS**

106 1st Ave SE, Epworth IA, 563.876.5586

210 2nd Ave. SE, Farley IA, 563.744.3290

10801 Sundown Rd, Peosta IA, 563.556.5967

**WESTERN DUBUQUE COUNTY COMMUNITY SCHOOL DISTRICT**, 310 4th St SW, Farley IA, 563.744.3885

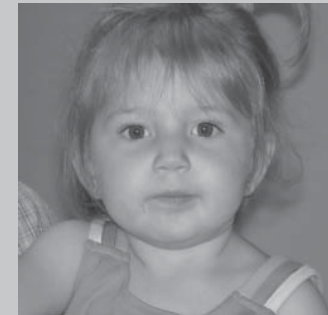
## INFORMATION NUMBERS

Sexual Assault/Domestic Violence	800.332.5899
Time and Temperature	563.243.0850
Iowa Department of Veteran's Affairs	800.838.4692
Weather and Road Conditions	800.288.1047
AIDS/HIV	800.445.AIDS
Alzheimer's Disease	800.621.0379
Arthritis Center	800.327.3027
Child Abuse and Neglect	800.362.2178
Compulsive Gamblers	800.238.7633
Consumer Product Safety	800.638.2772
Department of Human Services	800.650.6361
Drug Abuse	800.662.HELP
Helpline for Parents	800.433.6644
Medicare	800.532.1285
Missing/Exploited Children	800.843.5678
Organ Donations	800.528.2971
Poison Control	800.272.6477
Runaway Hotline	800.231.6946
Toughlove International	800.333.1069
STD Hotline	800.227.8922
Youth Law Hotline	800.728.1172



# DUBUQUE COUNTY

## RESOURCE GUIDE TO ELDERLY AND FAMILY SERVICES



7600 COMMERCE PARK

DUBUQUE, IOWA 52002

563.556.4166

1.800.942.4648

RELAY IOWA 800.735-2943

[WWW.EASTERNIOWAREGIONALHOUSING.ORG](http://WWW.EASTERNIOWAREGIONALHOUSING.ORG)

## EASTERN IOWA REGIONAL HOUSING AUTHORITY

## ELDERLY SERVICES

### ALVERNO APARTMENTS

3525 Windsor Ave, Dubuque IA, 563.582.2364

Housing for seniors and mobility impaired persons, subsidized by HUD. Applicants must meet low-income qualifications. The facility is for independent living with a resident manager and various activities, including one meal which may be purchased daily.

### COZY CORNER ADULT DAY CARE

2785 Pennsylvania Ave, Dubuque IA, 563.690.6900

Licensed and certified day care, specializing in senior care. Offers a homey atmosphere and stimulating activities. Member of Iowa Adult Day Service Association.

### HILLS AND DALES COMMUNITY SERVICES CENTER

3505 Stoneman Rd, Dubuque IA, 563.585.0560

Provides services to children and young adults with severe and profound mental and physical disabilities. Residential services with 24-hour nursing care, vocational/paid work program for adults, community-based services, supported community living, autism programs, childcare center and preschool, and LifeTime program and congregate meals for senior citizens.

### HOME INSTEAD SENIOR CARE

3435 Asbury Rd Ste. 100, Dubuque IA, 563.585.1409

Home Instead provides an affordable solution for individuals or couples who prefer to remain at home. A non-medical service designed for people capable of managing their physical needs, but require limited assistance, light housework, and/or companionship in order to remain at home. Also provides temporary assistance for family members who need respite services.

### LUTHER MANOR

3131 Hillcrest Rd, Dubuque IA, 563.588.1413

Provides secure independent living for seniors in apartments. Provides long term skilled and intermediate care. Offers a licensed specialty unit for Alzheimer's/dementia patients.

### MOUNT PLEASANT HOME

1695 Mt. Pleasant St, Dubuque IA, 563.582.4144

Unique, affordable, worry-free retirement living. Services include three meals daily, personal laundry service, mail delivery, furnished rooms, transportation services, and weekly housekeeping.

## CHILDCARE

AQUIN'S CATHOLIC PRESCHOOL, 608 3rd Ave NW, Cascade IA, 563.852.3331

AQUIN'S LITTLE ANGELS DAYCARE, 411 4th Ave NW, Cascade IA, 563.852.7020

CHILD CARE RESOURCE & REFERRAL, 1789 Elm St Ste B, Dubuque IA, 563.557.1628

DUBUQUE COMMUNITY Y PRESCHOOL & DAYCARE, 35 N. Booth St, Dubuque IA, 563.556.3371

DUBUQUE MONTESSORI SCHOOL, 2605 Pennsylvania Ave, Dubuque IA, 563.556.5101

FROG HOLLOW, 715 W Locust St, Dubuque IA, 563.588.2800

FROG HOLLOW, 5005 Asbury Rd, Dubuque IA, 563.582.2200

GRAND VIEW PRESCHOOL & CHILD DEVELOPMENT CENTER, 3342 John Wesley Dr, Dubuque IA, 563.582.1125

HOLY FAMILY CATHOLIC SCHOOLS DAYCARE PROGRAM, Dubuque IA, 563.582.5456

KID PROJECT CHILD CARE CENTER, 415 9th Ave SW, Dyersville IA, 563.875.2080

KIDS OF THE KINGDOM PRESCHOOL, 2899 Hales Mill Rd, Asbury IA, 563.557.9290

LITTLE RASCALS PRESCHOOL & DAYCARE, 1125 Rockdale Rd, Dubuque IA, 563.582.2400

LITTLE TREASURES PRESCHOOL & DAYCARE, 2035 Radford Rd, Dubuque IA, 563.556.3800

MERCY CHILD DEVELOPMENT CENTER, 250 Mercy Dr, Dubuque IA, 563.589.9680

NICG CHILD DEVELOPMENT CENTER, 10250 Sundown Rd, Peosta IA, 563.556.5110 ext 245

NOAH'S ARK PRESCHOOL, 1755 Delhi, Dubuque IA, 563.557.8629

OPERATION NEW VIEW HEADSTART, 1473 Central Ave, Dubuque IA, 563.556.5130

OUR REDEEMER LUTHERAN PRESCHOOL, 2145 John F. Kennedy Rd, Dubuque IA, 563.588.1247

PIGLET'S PLACE CHILDREN'S CENTER, 3495 Windsor Ave, Dubuque IA, 563.583.3501

POOH'S CORNER, 3507 Keystone Dr, Dubuque IA, 563.583.8275

TIGGERS DEN CHILDREN'S CENTER, 610 Duggan Dr, Dubuque IA, 563.556.8160

WESTERN DUBUQUE COMMUNITY SCHOOL DISTRICT EARLY CHILDHOOD CENTER, 110 Bierman Rd, Epworth IA, 563.876.3125

YOUNG-UNS CHILD CARE CENTER, 3375 Kennedy Circle, Dubuque IA, 563.584.9284 or 563.584.0845

## SALVATION ARMY

1099 Iowa St, Dubuque IA, 563.556.1573

Provides food to families with a limited income. Provides social activities for individuals 50+.

## SUBSTANCE ABUSE SERVICES CENTER (SASC)

799 Main St, Nesler Centre, Dubuque IA, 563.582.3784

Provides assessments and counseling to individuals and families experiencing problems related to alcohol, drugs, or gambling. Youth programs are available through schools. Sliding fee scale; Title XIX accepted.

## TERESA SHELTER

1111 Bluff St, Dubuque IA, 563.690.0086

Emergency shelter for women and children.

## VISITING NURSE ASSOCIATION (VNA)

1454 Iowa St, Dubuque IA, 563.556.6200

Health and wellness clinics for elderly, physically/mentally challenged, and children. Immunizations and examinations for children. Confidential HIV testing, home health care provider, parent partnership program, personal care services, homemaking services, and respite services.

## WOMEN, INFANTS, AND CHILDREN (WIC)

220 W. 7th St, Dubuque IA, 563.557.4444

Provides information and food vouchers to pregnant women, breast-feeding mothers, and mothers who have had a baby in the past six months. Provides food vouchers to parents with infants and children up to five years of age.

## WORKFORCE INVESTMENT ACT (WIA)

680 Main St, Dubuque IA, 563.556.5800

Provides job training for low income individuals. Training occurs in classrooms or on the job.

## PROJECT CONCERN

1789 Elm St Ste B, Dubuque IA, 563.588.3980

Foster grandparent program, information and referral, interfaith companions, assistance with property tax abate forms and rent reimbursement forms, shelter plus care, homeless assistance, child care resource & referral, and volunteer opportunities.

## REGIONAL TRANSIT AUTHORITY

7600 Commerce Park, Dubuque IA, 563.588.4592 or 800.839.5005

Non-restricted regional transit service for Dubuque, Jackson, and Delaware Counties. Any persons can access services on an hourly cost basis. Secondary provider for the Jule.

## RETIRED AND SENIOR VOLUNTEER PROGRAM

350 N. Grandview Ave, Dubuque IA, 563.589.2655

Provides a daily telephone contact to person 60+ and living alone. Offers a variety of volunteer opportunities to people 55+.

## ROBERTA KUHN CENTER

1150 Carmel Dr, Dubuque IA, 563.582.4155

Programs of special interest and enrichment are offered at fall and spring for people 55+. These interests include arts and crafts, scripture reading, and computer skills. Each interest group meets weekly.

## SALVATION ARMY SENIOR CENTER

1099 Iowa Street, Dubuque IA, 563.556.1573

For anyone 50+. Offers country western and square dancing, brown bag bingo, craft classes, holiday parties, health clinics, monthly potlucks, bus tours, free flu and pneumonia shots and other programs added as requested.

## SCENIC VALLEY AREA AGENCY ON AGING

2728 Asbury Rd, Dubuque IA, 563.588.3970

For anyone 60+. Case management, assessment of individual needs, resource identification, home delivered meals and service referrals.

## STONEHILL ADULT CENTER

3485 Windsor Ave, Dubuque IA, 563.557.7180

Affiliated with Stonehill Nursing and Residential Care, allows aging community members the opportunity to remain at home while providing their caregivers with temporary relief. Reliable health supervision, medication dispensing, bathing, beauty and barber services, monitored by a registered nurse. Assisi Village at Stonehill is an affordable retirement community designed for the well elderly. Apartment and villa units in duplex and triplex cottages are offered.

## VETERAN SERVICES

### AMERICAN LEGION

1306 Delhi St, Dubuque IA, 563.583.0306

### DISABLED AMERICAN VETERANS

4991 North Range Ct, Dubuque IA, 563.583.6780

Official voice of America's service-connected disabled veterans. Nationwide network of services is free of charge to all veterans and members of their families. The program is supported by membership dues and contributions from the American public.

### VETERANS AFFAIRS

799 Main St, 350 Nesler Centre, Dubuque IA, 563.589.7840

Services to veterans and spouses with limited income. Referral for medical care, financial assistance, help in filing of VA claims.

## FAMILY SERVICES

### AREA RESIDENTIAL CARE

2455 Kerper Blvd, Dubuque IA, 563.556.7040

1170 Roosevelt St, Dubuque IA, 563.556.7560

Serves people with mental disabilities and other developmental disabilities. Several residential options are offered to meet individual needs as well as vocational programs that create opportunities for people with disabilities to participate in the workforce.

### BIRTHRIGHT

1125 Main St, Dubuque IA, 563.556.1991

Offers counseling to married and single women experiencing difficulties during pregnancy. Provides information regarding education on pregnancy, medical help, parenting skills, legal advice, adoption referral, and maternity/baby clothes. Services are free and confidential.

### NICC DOWNTOWN CENTER

680 Main St, Dubuque IA, 563.557.8271

Provides GED classes, English as a second language, computer classes, and reading skills assistance for adults.

### OPERATION: NEW VIEW

1473 Central Ave, Dubuque IA, 563.556.5130

Provides heat assistance for persons with limited incomes. Weatherization services include insulation, furnace repair, and furnace replacement.

### PARENTS AS TEACHERS

180 W. 15th St, Dubuque IA, 563.557.3100

Voluntary family education and support program for families with children prenatal to kindergarten entry. Provides home visits, group meetings, screenings, and connections with community resources.

### PASTORAL MARRIAGE COUNSELING SERVICE

1229 Mt. Loretta, Dubuque IA, 563.588.0558

Provides counseling services to individuals, couples, and families experiencing problems. Counselors are clergy representing all faiths.

### PROJECT CONCERN

1789 Elm St, Ste. B, Dubuque IA, 563.588.3980 or 866.220.2642

Child care resource and referral, foster grandparent program, homeless assistance program, crisis line, formal/informal probation, Information and Referral dial 211.

### RIVERVIEW CENTER

2600 Dodge St, #D4, Dubuque IA, 563.557.0310 or 888.557.0310

Sexual assault prevention, intervention and support resource. Free and confidential. Legal advocacy. Short- and long-term therapy to victims and significant others. 24-hour crisis intervention.

### SAINT MARK COMMUNITY CENTER

1201 Locust St, Dubuque IA, 563.582.5655

Offers one-on-one and group after-school mentoring for at-risk K-5 students recommended from downtown schools, homework help, educational enrichment and games, computer lab, lending library, and family activities.

## ISU EXTENSION SERVICE, DUBUQUE COUNTY

14858 West Ridge Ln, Ste. 2, Dubuque IA, 563.583.6496

Written and educational materials available on a variety of topics including adult, children, and aging parents, choosing child care, family violence, child development, and parenting roles. Academic support and financial counseling.

## JUNIOR ACHIEVEMENT

2728 Asbury Road, Ste. 840, Dubuque IA, 563.556.3933

Community volunteers in all business situations offering their expertise to grades 1-12 concerning economics, business, companies, forming a business, enterprise in action, and introduction to business.

## KEYSTONE AREA EDUCATIONAL AGENCY

2310 Chaney Rd, Dubuque IA, 563.556.3310

Access to special education resources for behavioral disabilities, learning disabilities, hearing and sight needs, etc. Serves ages 0-21 and provides services to all Dubuque schools.

## LITTLE CLOUD GIRL SCOUT COUNCIL

2644 Pennsylvania Ave, Dubuque IA, 563.583.9169

The headquarters in Dubuque house the administrative offices and provides a location for adult training and meetings. Camp Little Cloud allows for summer resident and day camp programs for scouts and non-scouts ages 5-18, year-round troop camping, weekend events, nature events, school environmental education, and adult training. Summer programs at Camp Little Cloud include horseback riding, swimming, crafts, outdoor skill building, canoeing, trips, and other special opportunities. Financial assistance available by completing a confidential application.

## LUTHERAN SERVICES IN IOWA

2255 John F. Kennedy Rd, Dubuque IA, 563.582.0044

Provides foster care services, licensing of foster family homes, private adoption services, individual and family counseling, respite care, supported community living program.

## MARIA HOUSE

1561 Jackson St, Dubuque IA, 563.582.7480

Transitional housing with support services for women. Can stay up to two years, with the average stay approximately six months. Women are assisted in setting developmental goals and working with staff to achieve them.

## BOY SCOUTS OF AMERICA

10601 Military Rd, PO Box 732, Dubuque IA, 563.556.4343

Educational program for boys and young adults with three objectives in mind: build character, train to become more responsible citizens, and develop personal fitness (physical, mental, spiritual). Accomplish tasks through partnerships with churches, service clubs, schools, businesses, and other groups with similar goals and objectives. These partners provide facilities and volunteer manpower. Provide training, camp facilities and opportunities, and other program support that enables the partner to deliver the program.

## CATHOLIC CHARITIES

1229 Mt Loretta, Dubuque IA, 563.588.0558, [www.arch.pvt.k12.ia.us/charities.htm](http://www.arch.pvt.k12.ia.us/charities.htm)

Catholic Charities of the Archdiocese of Dubuque manages a variety of social services to individuals, couples, and families. Prospective parents are also a part of our counseling programs prior to participating in adoption services. Many programs require some type of application, which are available online for downloading and completing in the privacy of your home.

## CHILD HEALTH SPECIALTY CLINIC

799 Main St #230, Dubuque IA, 563.556.3700

Provides services to children and youth from birth to age 21 with special health care needs. Services include diagnosis, evaluations, resource assistance, and family support.

## COLTS DRUM AND BUGLE CORPS

1101 Central Ave, Dubuque IA, 563.582.4872

Community musical corps open to youths age 15-21 (Cadets age 10-15). Plenty of volunteer opportunities for interested community members, including bingo staffing, computer work, phone work, scheduling, correspondence, vehicle driving, food program, sewing, and maintenance.

## DEPARTMENT OF HUMAN SERVICES

799 Main St, 410 Nesler Centre, PO Box 87, Dubuque IA, 563.557.8251,  
[www.dhs.state.ia.us](http://www.dhs.state.ia.us)

Food assistance program, Family Investment Program (FIP), medical assistance, Medicaid (Title XIX), medically needy, foster care services for children, child protective services, dependent adult abuse protection, day care home registration, and adoption services.

## DUBUQUE COMMUNITY Y

35 N. Booth St, Dubuque IA, 563.556.3371

Non-profit service organization which strives to create opportunities for all people's growth, leadership, and power in order to attain a common vision: peace, justice, freedom, and dignity for all people. Services include childcare, athletic programs, day camps for kids, and domestic violence programs.

## DUBUQUE FREE MEDICAL CLINIC (DUBUQUE RESCUE MISSION)

398 Main St, Dubuque IA, 563.583.1394

Medical clinic serving anyone without medical insurance. Provides work physicals, diagnostic screening, and HIV clinic. Prescriptions written by clinic doctor and assistance available for payment. Appointments and walk-ins accepted. Please call for days and times.

## FOUR OAKS/CORNERSTONE

180 W. 15th St, Dubuque IA, 563.5573100

Must be either teen parent at the time of first child's birth, single head of household, sporadic employment history, history of welfare assistance, or currently receiving FIP. Supports families in setting and achieving goals through home visits and peer support groups. Provides career and educational opportunities to help move families toward self-sufficiency. Services are free and confidential.

## GENERAL RELIEF

Suite 220, Nesler Centre, Dubuque IA, 563.589.7892

Assistance in rent, utilities, and county burials.

## GOODWILL EMPLOYMENT SERVICES

2121 Holliday Drive, Dubuque IA, 563.583.8859

Provides assistance in obtaining employment, job placements, job analysis, and on-site training. Available to individuals age 17+ and who are disabled, disadvantaged, or unemployed, and have been approved for program funding.

## HEAD START (OPERATION: NEW VIEW)

1473 Central Ave, Dubuque IA, 563.556.5130

Provides preschool for children age 3-5. Eligibility based on need and income. Provided at several sites throughout Dubuque.

## HELPING SERVICES OF NORTHEAST IOWA, INC.

2728 Asbury Rd, Suite 510, Dubuque IA, 563.582.5317

Provides substance abuse prevention, education, and consultation; juvenile alcohol diversion class; and parenting class. Community organization focused on substance abuse prevention and violence prevention.

## HILLCREST FAMILY SERVICES

2005 Asbury Rd, Dubuque IA, 563.583.7357

Hillcrest Family Services is a non-profit agency dedicated to the full development of individuals, children, and families. Services include residential treatment for adolescents, adult residential homes, adoption services, unplanned pregnancy counseling, family planning services, WIC program, emergency youth shelter, day treatment, in-home supervision, on-campus school, vocational training for adults, adult mental health services, family empowerment program, HIV testing, Big Brothers/Big Sisters program, foster care, intensive psychiatric program, supported living program, and outpatient counseling. Hillcrest teaches skills and provides information and resources that people need to make choices and to gain greater control of their lives.

## HOPE HOUSE CATHOLIC WORKER HOUSE

1592 Locust St, Dubuque IA, 563.582.9079

Daytime hospitality to Dubuque area homeless men who are in need of transitional housing and related support services.

## HORIZONS: A FAMILY SERVICE ALLIANCE

3435 Asbury Rd, Dubuque IA, 563.588.2227

Provides family counseling, transportation, employment programs, in-home supervision, skill building, crisis intervention, family foster care, and residential treatment for youth.

## HOSPICE OF DUBUQUE COUNTY

1670 John F. Kennedy Rd, Asbury Square, Dubuque IA, 563.582.1220

Provides support to terminally ill patients and their families. Hospice team fosters emotional and physical comfort through control of pain, nausea, and other symptoms. Hospice of Dubuque is a nonprofit organization.

## IOWA VOCATIONAL REHABILITATION

820 Locust St, Dubuque IA, 563.588.4697

Helps vocationally handicapped persons attain employment through evaluations and training.