

Dubuque County Resource Guide

Schools:

Dubuque Community School District, 563-552-3000,

dbgschools@dbgschools.org

Western Dubuque Community School District, 563- 744-3885,

www.w-dubuque.k12.ia.us

Smart phone app's:

211 App for your phone-Resources at your fingertips

<https://www.211iowa.org/211app/>

From any phone, dial 211 or download the “**211 Iowa**” app (Google Play or Apple Store) for instant connection with local resources. You can also **text your zip code to 898211** to chat live with a 211 Operator 24-hours a day, seven days a week.

Smart911 App for your phone-Emergency Services

<https://www.smart911.com/>

Information Numbers

Emergency Housing	Phone Number
Dubuque Rescue Mission-Male	563-583-1394
Hope House-Male	563-582-9079
Almost Home (seasonal)-Male	563-583-6572
Teresa Shelter-Female	563-690-0086
Mary's Inn (Pregnant Women)	563-552-6288
Domestic Violence Shelter	Phone Number
Dubuque Community YMCA/YWCA	563-556-1100 or 1-800-332-5899

<u>Domestic Abuse/Sexual Assault/Human Trafficking Advocacy</u>	<u>Phone Number</u>
Riverview Center	563-557-0310/1-888-557-0310-crisis line
Amani (culturally specific)	1-888-983-2533
WayPoint Services	319-365-1458/1-800-208-0388
Amani (culturally specific)	1-888-983-2533
Friends of the Family	319-352-1108/1-800-410-7233
Iowa Domestic Violence Hotline	800-770-1650 or text IOWAHELP to 20121
National Domestic Violence Hotline	800-799-7233 (SAFE)
National Human Trafficking Hotline	888-373-7888 or Text 233733
<u>Other Violent Crime Advocacy</u>	<u>Phone Number</u>
Crisis Intervention Services	1-855-424-9133
<u>Community Action / Outreach/Rent & Utility Assistance</u>	<u>Phone Number</u>
HACAP	563-556-5130
Resources Unite	563-231-6280
St. Vincent de Paul	563-584-2226
General Relief	563-589-7840
Iowa Concern	800-447-1985
<u>Clothing/Furniture</u>	<u>Phone Number</u>
Open Closet	563-495-0885
Dubuque Rescue Mission	563-583-1394
St. John's Lutheran Church	563-583-6572
Goodwill	563-557-3158
<u>Food Pantries</u>	<u>Phone Number</u>
St. Vincent's: Referral Required, Can use every other month	563-584-2226
Dubuque Food Pantry: Referral and ID Required. Can use every 60 days	563-583-4440
Dubuque Area Labor Harvest: Food Giveaway 2 nd Sat. of the month. ID Required	563-583-3933
Dubuque Area General Relief/Veterans Affairs: By appointment 8-4:30	563-589-7840
Hope House: Open every day 10-5	563-582-9079
New Life Church Pantry	563-495-3665
Salvation Army: Referral and ID Required. Can use every 3-4 months	563-556-1573
Grace Point: Call to register. Limited # of people each week For the working poor	563-583-3929
Multicultural Family Center: Food giveaway 4 th Friday of every month 2-5pm. Limited # of people. ID required	563-582-3681
Dyersville Food Pantry: Call by appointment. Can use every 2 months.	563-875-2897 OR 563-875-7826

Service area: Dyersville, Earlville, Farley, Worthington, Petersburg, New Vienna	
Epworth Food Pantry: Food Giveaway 3 rd Tuesday of every month 4:30-6pm	Emergency call 563-513-9001
Cascade Food Pantry: Food Giveaway every 3 rd Thursday of the month 3-5:30pm. Proof of address Required Service area: Cascade, Temple Hill, and Worthington	Emergency call 563-852-3285
Holy Cross Food Pantry: Non-perishable items only (no refrigeration) M 9-11am & W 4-6pm	563-870-2475
Farley Food Pantry: M-Th 5-8pm, Fri 9-11am & 5-8pm, Sat 9-11	Questions/Appt call 563-580-1492
Peosta Food Pantry:	For appt call 563-265-0163
Worthington Food Pantry:	Call for appt 563-265-0163 or 563-542-5235
<u>Housing/Transitional Housing/Housing Assistance</u>	<u>Phone Number</u>
Hillcrest Transitional Housing	563-543-6410
Maria House	563-582-7480
Hillcrest PATH	563-588-0605
Support Services for Veteran Families (SSVF) Hillcrest	563-588-0605
City of Dubuque Housing	563-589-4230
Friends of the Family	1-800-410-7233
Coordinated Entry Housing Service Hotline	1-833-587-8322
EIRHA/ECIA County Housing	563-556-4166 or 800-942-4648
<u>Mental Health Services</u>	<u>Phone Number</u>
Hillcrest Wellness Center	563-690-1239
Iowa Warm Line (5 pm – 10 pm)	1-844-775-9276
Hillcrest Mental Health & Counseling	563-582-0145/Crisis Line 855-800-1239
Families First Counseling	888-316-3025
Medical Associates Dept. of Psychiatry & Psychology	563-584-3500
Summit Outpatient Services	563-583-3392
Catholic Charities	563-588-0558/800-772-2758
Life Connections	563-265-8694
National Alliance on Mental Illness-non crisis resource and referrals	800-950-6264 or text NAMI to 741741
Iowa Compass-resource and referrals for those with disabilities/complex needs	800-773-2001 or text Compass to 85511
Crossroads Counseling Center	563-556-0699
Your Life Iowa-24/7 crisis support in Iowa	855-581-8111 or text 855-895-8398
National Suicide Prevention Lifeline	800-273-8255/888-628-9454-En Espanol
Crisis Text Line for crisis help	Text 741741
The Trevor Project (LGBTQ Crisis and Suicide Hotline in Iowa)	866-488-7386
Veterans Crisis Line in Iowa	800-273-8255
ISU Extension Iowa Concern-Support regarding legal, financial, stress, and crisis related questions	800-447-1985

<u>Health Care</u>	<u>Phone Number</u>
Hillcrest Professional Health Clinic	563-583-6431
Crescent Community Health Clinic	563-690-2417
Medical Associates Health Clinic	563-584-3000
Grand River Medical Group	563-582-0044
MercyOne Hospital	563-589-8000
Unity Point Finley Hospital	563-582-1881
<u>Substance Abuse Services</u>	<u>Phone Number</u>
Substance Abuse Services Center (SASC)	563-582-3784
Mercy Turning Point Treatment Center	563-589-8290
Helping Services of Northeast Iowa	563-582-5317
The Source	563-583-5440
Substance Abuse & Mental Health Services National Helpline	800-662-4357 (English and Spanish)
<u>Legal Services</u>	<u>Phone Number</u>
Iowa Legal Aid	563-588-4653
<u>Abuse or Neglect</u>	<u>Phone Number</u>
Department of Human Services	563-557-8251/800-362-2178
<u>Parenting Services</u>	<u>Phone Number</u>
Child Care Resource & Referral	563-557-1628/1-855-CHILD-01
Parent Helpline	855-427-2736
Four Oaks/Parents as Teachers/FADDS	563-557-3100
Life Connections	563-265-8694
<u>Elderly/Disabled Services</u>	<u>Phone Number</u>
Northeast Iowa Area Agency on Aging	563-588-3970/1-800-779-8707
Home Instead	563-585-1409
Meals on Wheels	800-779-8707
VNA	563-556-6200
Vocational Rehabilitation	563-588-4697
Hilles & Dales	563-556-7878
Area Residential Care	563-556-7560
Regional Autism Assistance Program	563-583-5565/888-588-0903
Iowa Compass-resource and referrals for those with disabilities/complex needs	800-773-2001 or text Compass to 85511
<u>Transportation</u>	<u>Phone Number</u>
Regional Transit Authority (outside the city of Dubuque)	563-588-4592
The Jule (City of Dubuque limits)	563-589-4196
DuRide (senior citizens; urgent medical & supply pick up only)	563-451-4999
<u>Employment Office/Financial Assistance</u>	<u>Phone Number</u>
Iowa Works	563-556-5800 or 866-227-9874
Iowa State Extension Office	563-583-6496